



# Biegi Górskie Edycja I

Gdynia, 2018-03-24 - Wyniki

## 5 - K20

| #  | Nazwisko, imię                | Klub              | Miasto             | Netto                    | Czas       | Strata      |
|----|-------------------------------|-------------------|--------------------|--------------------------|------------|-------------|
| 1  | [210] WOJNAROWSKA Weronika    | Biegamyrazem.pl   | Gdynia             | 0:27:00.36 (04:54min/km) | 0:27:08.64 | +0:00:00.00 |
| 2  | [196] WAJS Anna               |                   | Gdynia             | 0:28:27.58 (05:10min/km) | 0:28:35.31 | +0:01:26.67 |
| 3  | [162] SIEROCIN Agata          |                   | Gdynia             | 0:28:34.76 (05:11min/km) | 0:28:47.80 | +0:01:39.16 |
| 4  | [179] SZKUDLARZ Diana         |                   | Gdynia             | 0:30:21.53 (05:31min/km) | 0:30:30.31 | +0:03:21.67 |
| 5  | [153] RORAF Magdalena         | Team Kreft        | Celbowo            | 0:31:10.44 (05:40min/km) | 0:31:15.60 | +0:04:06.96 |
| 6  | [209] WOJNAROWSKA Marcelina   |                   | Gdynia             | 0:31:57.98 (05:48min/km) | 0:32:19.28 | +0:05:10.64 |
| 7  | [70] KOTWICA Marta            | Jeppesen          | Gdynia             | 0:32:48.62 (05:57min/km) | 0:33:10.23 | +0:06:01.59 |
| 8  | [201] WEGNER Kamila           | RUNEDA            | Reda               | 0:33:07.13 (06:01min/km) | 0:33:21.75 | +0:06:13.11 |
| 9  | [234] JACHOWICZ Julia         |                   |                    | 0:33:10.09 (06:01min/km) | 0:33:40.65 | +0:06:32.01 |
| 10 | [222] WENCKA Kamila           |                   |                    | 0:33:35.90 (06:06min/km) | 0:34:06.91 | +0:06:58.27 |
| 11 | [107] MURAWSKA Natalia        |                   | Rumia              | 0:33:39.22 (06:07min/km) | 0:33:43.41 | +0:06:34.77 |
| 12 | [141] PRZYBYŁO Monika         |                   | Mosty              | 0:33:46.49 (06:08min/km) | 0:34:22.62 | +0:07:13.98 |
| 13 | [184] SZYŁEJKO Anna           |                   | Gdańsk             | 0:33:52.15 (06:09min/km) | 0:34:09.38 | +0:07:00.74 |
| 14 | [121] OSSOWSKA Małgorzata     |                   | Gdańsk             | 0:34:04.23 (06:11min/km) | 0:34:21.61 | +0:07:12.97 |
| 15 | [85] KUCZYŃSKA Karolina       |                   | Gdańsk             | 0:34:15.94 (06:13min/km) | 0:34:40.76 | +0:07:32.12 |
| 16 | [194] UZARSKA Ewa             |                   | Gdynia             | 0:34:24.65 (06:15min/km) | 0:34:49.79 | +0:07:41.15 |
| 17 | [27] CUPRYŚ-SMOLAK Aleksandra | Biegamyrazem.pl   | Gdynia             | 0:34:34.80 (06:17min/km) | 0:34:43.53 | +0:07:34.89 |
| 18 | [61] KĘDZIERSKA Ilona         |                   | Gdynia             | 0:34:52.60 (06:20min/km) | 0:35:18.64 | +0:08:10.00 |
| 19 | [98] MALISZEWSKA Aleksandra   |                   | Gdynia             | 0:35:04.70 (06:22min/km) | 0:35:33.31 | +0:08:24.67 |
| 20 | [220] ŻREBIEC Klaudia         | Trimama Team      | Gdańsk             | 0:35:43.04 (06:29min/km) | 0:35:58.52 | +0:08:49.88 |
| 21 | [202] WENTA Ewelina           | Dolce Catana      | Gdynia             | 0:35:47.33 (06:30min/km) | 0:36:05.81 | +0:08:57.17 |
| 22 | [50] JABŁOŃSKA Ewa            | ThyssenKrupp      | Krynica-Zdrój      | 0:36:00.28 (06:32min/km) | 0:36:06.49 | +0:08:57.85 |
| 23 | [6] BARANOWSKA Ewelina        |                   | Lidzbark Warmiński | 0:36:28.56 (06:37min/km) | 0:36:40.13 | +0:09:31.49 |
| 24 | [3] ALBECKA Olimpia           |                   | Władysławowo       | 0:37:10.16 (06:45min/km) | 0:37:31.77 | +0:10:23.13 |
| 25 | [195] WABERSKA Matylda        | Zwiadowcy Północy | Gdynia             | 0:37:11.76 (06:45min/km) | 0:37:35.89 | +0:10:27.25 |
| 26 | [99] MAŃCZAK Ilona            | Paź na Ryj Team   | Gdańsk             | 0:37:24.00 (06:48min/km) | 0:37:42.07 | +0:10:33.43 |

|    |       |                    |                         |        |                          |            |             |
|----|-------|--------------------|-------------------------|--------|--------------------------|------------|-------------|
| 27 | [26]  | CIESIELSKA Joanna  | Girls on wheels         | Gdynia | 0:37:47.43 (06:52min/km) | 0:38:09.78 | +0:11:01.14 |
| 28 | [103] | MIAZGA Agnieszka   | Zwiadowcy Północy       | Gdynia | 0:37:59.74 (06:54min/km) | 0:38:23.62 | +0:11:14.98 |
| 29 | [9]   | BARTSCH Aleksandra |                         | Gdynia | 0:38:09.87 (06:56min/km) | 0:38:25.70 | +0:11:17.06 |
| 30 | [215] | ZIELIŃSKA Helena   |                         | Gdańsk | 0:39:55.12 (07:15min/km) | 0:40:31.34 | +0:13:22.70 |
| 31 | [38]  | GŁOMBIEWSKA Diana  | Kosakowo Team           | Sopot  | 0:40:34.01 (07:22min/km) | 0:40:52.12 | +0:13:43.48 |
| 32 | [101] | MATYSIAK Ewa       | SRS Szansa-Start Gdańsk | Gdańsk | 0:41:10.82 (07:29min/km) | 0:41:18.78 | +0:14:10.14 |
| 33 | [142] | PRZYBYSZ Marta     |                         | Gdynia | 0:41:22.60 (07:31min/km) | 0:41:50.24 | +0:14:41.60 |
| 34 | [227] | SOBCZAK Edyta      |                         |        | 0:41:45.43 (07:35min/km) | 0:42:22.05 | +0:15:13.41 |

## 5 - K35

| #  | Nazwisko, imię                      | Klub                              | Miasto   | Netto                    | Czas       | Strata      |
|----|-------------------------------------|-----------------------------------|----------|--------------------------|------------|-------------|
| 1  | [7] BARANOWSKA - TRZASKO Aleksandra | El Contragolpe/Runnersi S7 Banino | Gdynia   | 0:25:04.80 (04:33min/km) | 0:25:05.85 | +0:00:00.00 |
| 2  | [163] SIKORA Iwona                  |                                   | Gdynia   | 0:26:46.62 (04:52min/km) | 0:26:48.60 | +0:01:42.75 |
| 3  | [206] WIECZOREK Anna                |                                   | Gdynia   | 0:28:34.66 (05:11min/km) | 0:28:38.34 | +0:03:32.49 |
| 4  | [89] KWIATKOWSKA Agnieszka          | WieWiór Team                      | Rumia    | 0:28:37.79 (05:12min/km) | 0:28:41.08 | +0:03:35.23 |
| 5  | [170] SOŁTYS Katarzyna              |                                   | Gdynia   | 0:29:34.41 (05:22min/km) | 0:29:45.58 | +0:04:39.73 |
| 6  | [221] ŻABIEŁOWICZ Anna              | Mamy-Biegamy/Motywatornia Team    | Reda     | 0:29:40.83 (05:23min/km) | 0:29:58.16 | +0:04:52.31 |
| 7  | [190] TRZEBIATOWSKA Aldona          |                                   | Gdynia   | 0:30:01.55 (05:27min/km) | 0:30:16.11 | +0:05:10.26 |
| 8  | [150] ROGOWSKA Monika               |                                   | Gdynia   | 0:30:04.22 (05:28min/km) | 0:30:06.56 | +0:05:00.71 |
| 9  | [88] KWIATKOWSKA Monika             | Aktywny Kolektyw                  | Reda     | 0:31:26.69 (05:43min/km) | 0:31:33.97 | +0:06:28.12 |
| 10 | [43] GÓRSKA Ilona                   |                                   | Gdynia   | 0:31:53.36 (05:47min/km) | 0:32:25.41 | +0:07:19.56 |
| 11 | [152] ROMANOWSKA Agnieszka          | FTI Racing Team                   | Rumia    | 0:32:02.21 (05:49min/km) | 0:32:16.75 | +0:07:10.90 |
| 12 | [113] OKAPIEC Dagmara               | Górskie Pędziwiatry               | Juszkowo | 0:33:06.05 (06:01min/km) | 0:33:19.36 | +0:08:13.51 |
| 13 | [105] MIKA Magdalena                |                                   | Gdynia   | 0:33:58.85 (06:10min/km) | 0:34:17.37 | +0:09:11.52 |
| 14 | [197] WANDTKE Ania                  |                                   | Gdynia   | 0:34:30.19 (06:16min/km) | 0:34:33.59 | +0:09:27.74 |
| 15 | [119] ORŁOWSKA Agata                | Jeppesen                          | Gdynia   | 0:34:44.31 (06:18min/km) | 0:35:05.40 | +0:09:59.55 |
| 16 | [48] HINC Iwona                     | żukowo biega                      | Borkowo  | 0:34:52.61 (06:20min/km) | 0:35:09.39 | +0:10:03.54 |
| 17 | [5] ARMATYŃSKA Małgorzata           | kobieta w biegu Gdynia biega      | Gdynia   | 0:34:57.44 (06:21min/km) | 0:35:19.94 | +0:10:14.09 |
| 18 | [145] RAJSKA-NIEKURZAK Joanna       | OKAS Gdynia                       | Gdynia   | 0:35:22.09 (06:25min/km) | 0:35:35.68 | +0:10:29.83 |
| 19 | [8] BARTNIK Aga                     |                                   | Gdynia   | 0:35:48.75 (06:30min/km) | 0:36:12.29 | +0:11:06.44 |
| 20 | [52] JANASZKIEWICZ Wioleta          | Kosakowo Team                     | Gdynia   | 0:35:49.59 (06:30min/km) | 0:36:07.77 | +0:11:01.92 |
| 21 | [46] GRZESZCZAK Małgorzata          | Biegamyrazem.pl                   | Gdynia   | 0:36:02.48 (06:33min/km) | 0:36:27.36 | +0:11:21.51 |
| 22 | [218] ZIEMANN Katarzyna             |                                   | Gdynia   | 0:36:42.54 (06:40min/km) | 0:37:15.68 | +0:12:09.83 |

|    |       |                           |                                |                 |                          |            |             |
|----|-------|---------------------------|--------------------------------|-----------------|--------------------------|------------|-------------|
| 23 | [97]  | MACH Izabela              | Biegamy Razem Władysławowo     | Władysławowo    | 0:37:07.02 (06:44min/km) | 0:37:29.56 | +0:12:23.71 |
| 24 | [168] | SOKOŁOWSKA Agnieszka      | Daleko jeszcze                 | Gdynia          | 0:37:12.60 (06:45min/km) | 0:37:21.26 | +0:12:15.41 |
| 25 | [232] | TOPOLIŃSKA Joanna         |                                |                 | 0:37:24.68 (06:48min/km) | 0:37:46.90 | +0:12:41.05 |
| 26 | [212] | ZASADA Joanna             | Wymiatacze                     | Mosty           | 0:38:48.21 (07:03min/km) | 0:39:09.35 | +0:14:03.50 |
| 27 | [178] | SZEMIOT Ewa               |                                | Mosty           | 0:38:51.20 (07:03min/km) | 0:39:12.27 | +0:14:06.42 |
| 28 | [45]  | GRĘBOSZ-STOPA Joanna      | K&K                            | Gdynia/Swarożyn | 0:39:04.05 (07:06min/km) | 0:39:44.79 | +0:14:38.94 |
| 29 | [131] | PIELACHOWSKA Agata        |                                | Gdynia          | 0:39:21.55 (07:09min/km) | 0:39:46.87 | +0:14:41.02 |
| 30 | [93]  | LAZAROWICZ-BECZEK Izabela | Parkrun Rumia                  | Rumia           | 0:39:22.37 (07:09min/km) | 0:39:47.80 | +0:14:41.95 |
| 31 | [252] | CIEKLIŃSKA Barbara        |                                |                 | 0:39:30.24 (07:10min/km) | 0:39:53.01 | +0:14:47.16 |
| 32 | [102] | MATYSKIEL Anita           | Irek i rak Maraton o życie     | Gdańsk          | 0:39:31.23 (07:11min/km) | 0:40:05.29 | +0:14:59.44 |
| 33 | [226] | MOSKOT Marta              |                                |                 | 0:39:36.14 (07:12min/km) | 0:39:36.14 | +0:14:30.29 |
| 34 | [40]  | GOMUŁKA Agnieszka         | Aktywny Kolektyw               | Reda            | 0:39:52.45 (07:15min/km) | 0:40:00.13 | +0:14:54.28 |
| 35 | [136] | PRASEK Marta              |                                | Gdynia          | 0:39:58.63 (07:16min/km) | 0:40:24.94 | +0:15:19.09 |
| 36 | [100] | MARCZAK Renata            | Pruszcz biega                  | Pruszcz Gdański | 0:40:34.08 (07:22min/km) | 0:41:02.80 | +0:15:56.95 |
| 37 | [239] | TOWARNICKA Izabela        |                                |                 | 0:40:50.32 (07:25min/km) | 0:41:10.08 | +0:16:04.23 |
| 38 | [53]  | JANIAK Anna               | Jeppesen                       | Gdańsk          | 0:41:15.30 (07:30min/km) | 0:41:45.14 | +0:16:39.29 |
| 39 | [204] | WERNER Agata              |                                | Gdynia          | 0:41:35.11 (07:33min/km) | 0:42:02.62 | +0:16:56.77 |
| 40 | [71]  | KOWALCZUK Justyna         |                                | Gdańsk          | 0:41:40.17 (07:34min/km) | 0:42:06.80 | +0:17:00.95 |
| 41 | [51]  | JANA Karina               |                                | Gdańsk          | 0:41:40.44 (07:34min/km) | 0:42:06.97 | +0:17:01.12 |
| 42 | [124] | OSTAPCZUK Monika          | Irek i Rak Maraton o życie     | Gdynia          | 0:41:47.77 (07:35min/km) | 0:42:21.85 | +0:17:16.00 |
| 43 | [165] | SŁOWIŃSKA Aneta           | Biegamy Razem Władysławowo     | Władysławowo    | 0:41:48.20 (07:36min/km) | 0:42:10.59 | +0:17:04.74 |
| 44 | [189] | TRZASKOWSKA Anna Maria    | Wydziałowy Team Biegowy ZiE PG | Gdańsk          | 0:41:55.01 (07:37min/km) | 0:42:28.56 | +0:17:22.71 |
| 45 | [214] | ZAWISTOWSKA Monika        |                                | Gdynia          | 0:41:56.90 (07:37min/km) | 0:42:27.89 | +0:17:22.04 |
| 46 | [213] | ZAWISTOWSKA Joanna        |                                | Gdynia          | 0:41:57.23 (07:37min/km) | 0:42:27.97 | +0:17:22.12 |
| 47 | [30]  | DATA-ZŁOCH Katarzyna      | Miasto Wspólne                 | Gdynia          | 0:41:59.08 (07:38min/km) | 0:42:33.99 | +0:17:28.14 |
| 48 | [13]  | BIAŁOGRODZKA Katarzyna    |                                | Gdynia          | 0:42:03.84 (07:38min/km) | 0:42:29.67 | +0:17:23.82 |
| 49 | [72]  | KOWALEWSKA Ewelina        |                                | Rumia           | 0:42:13.31 (07:40min/km) | 0:42:45.85 | +0:17:40.00 |
| 50 | [68]  | KORPAL Anna               | Trimamama                      | Gdańsk          | 0:42:42.14 (07:45min/km) | 0:43:09.38 | +0:18:03.53 |
| 51 | [83]  | KUBAWSKA Agnieszka        | WYMIATACZE                     | Łebcz           | 0:44:10.33 (08:01min/km) | 0:44:30.78 | +0:19:24.93 |
| 52 | [104] | MICHAŁOWSKA Barbara       | WYMIATACZE                     | Pierwoszyno     | 0:44:12.07 (08:02min/km) | 0:44:32.87 | +0:19:27.02 |

## 5 - K50

| # | Nazwisko, imię | Klub | Miasto | Netto | Czas | Strata |
|---|----------------|------|--------|-------|------|--------|
|---|----------------|------|--------|-------|------|--------|

|   |       |                  |                 |                  |                          |            |               |
|---|-------|------------------|-----------------|------------------|--------------------------|------------|---------------|
| 1 | [151] | ROMANOWSKA Beata | Run Vegan Team  | Gdynia           | 0:33:16.75 (06:03min/km) | 0:33:39.85 | +0:00:00.00   |
| 2 | [39]  | GŁUSZEK Bożena   |                 | Gdynia           | 0:33:20.79 (06:03min/km) | 0:33:37.78 | +0:00:0-2.0-7 |
| 3 | [31]  | DEREJSKA Jadwiga |                 | Dąbrowa Górnicza | 0:36:04.54 (06:33min/km) | 0:36:40.98 | +0:03:01.13   |
| 4 | [137] | PRASEK Lucyna    |                 | Gdynia           | 0:39:12.03 (07:07min/km) | 0:39:38.16 | +0:05:58.31   |
| 5 | [211] | WÓJCIK Beata     | Biegowi Wariaci | Gdynia           | 0:43:32.48 (07:55min/km) | 0:44:00.75 | +0:10:20.90   |

## 5 - M20

| #  | Nazwisko, imię | Klub                | Miasto                               | Netto     | Czas                     | Strata     |             |
|----|----------------|---------------------|--------------------------------------|-----------|--------------------------|------------|-------------|
| 1  | [117]          | OLEJNIK Michał      | WKS Grunwald Poznań/INOV8 Team       | Gdynia    | 0:19:20.65 (03:31min/km) | 0:19:20.94 | +0:00:00.00 |
| 2  | [86]           | KULCZYK Jan         | Team kreft                           | Stupsk    | 0:21:32.20 (03:54min/km) | 0:21:32.93 | +0:02:11.99 |
| 3  | [225]          | SKALSKI Szymon      |                                      |           | 0:22:12.24 (04:02min/km) | 0:22:13.24 | +0:02:52.30 |
| 4  | [17]           | BLOCH Szymon        |                                      | Gdynia    | 0:23:23.06 (04:15min/km) | 0:23:24.13 | +0:04:03.19 |
| 5  | [125]          | OSTROWSKI Łukasz    | Invictus 3City                       | Gdynia    | 0:23:47.50 (04:19min/km) | 0:23:49.09 | +0:04:28.15 |
| 6  | [12]           | BIAŁAS Konrad       | ZORZA GDYNIA                         | Gdynia    | 0:24:14.72 (04:24min/km) | 0:24:15.86 | +0:04:54.92 |
| 7  | [246]          | KRAKOWSKI Jan       |                                      |           | 0:25:02.78 (04:33min/km) | 0:25:04.30 | +0:05:43.36 |
| 8  | [78]           | KRÓL Rafał          | Błyskawica                           | Wrzeście  | 0:25:24.33 (04:37min/km) | 0:25:25.15 | +0:06:04.21 |
| 9  | [205]          | WIECZERZAK Daniel   |                                      | Reda      | 0:26:15.84 (04:46min/km) | 0:26:36.24 | +0:07:15.30 |
| 10 | [188]          | TROKA Mateusz       | Jeppesen Poland                      | Gdynia    | 0:26:26.76 (04:48min/km) | 0:26:47.36 | +0:07:26.42 |
| 11 | [143]          | PRZYBYSZEWSKI Kamil | Akademia Sztuk Walk SENSHI           | Mława     | 0:26:36.58 (04:50min/km) | 0:26:40.87 | +0:07:19.93 |
| 12 | [138]          | PRENA Sławomir      | Prency na trasie / Kaszubskie Dzikie | Gościcino | 0:26:50.33 (04:52min/km) | 0:27:00.80 | +0:07:39.86 |
| 13 | [79]           | KRYNICKI Bartosz    | Mega Coffee Team                     | Gdynia    | 0:26:56.28 (04:53min/km) | 0:27:07.01 | +0:07:46.07 |
| 14 | [166]          | SMOLIŃSKI Piotr     |                                      | Gdynia    | 0:28:09.28 (05:07min/km) | 0:28:10.04 | +0:08:49.10 |
| 15 | [95]           | LIS Krystian        |                                      | Mława     | 0:28:24.47 (05:09min/km) | 0:28:36.63 | +0:09:15.69 |
| 16 | [11]           | BELLWON Paweł       | TeamBablo                            | Gdynia    | 0:28:25.83 (05:10min/km) | 0:28:53.01 | +0:09:32.07 |
| 17 | [253]          | DOMAGAŁA Tomasz     |                                      |           | 0:28:52.19 (05:14min/km) | 0:28:57.78 | +0:09:36.84 |
| 18 | [67]           | KOLASIŃSKI Szymon   |                                      | Gdynia    | 0:29:51.24 (05:25min/km) | 0:29:58.35 | +0:10:37.41 |
| 19 | [29]           | CZECHOLIŃSKI Michał |                                      | Gdynia    | 0:31:09.63 (05:39min/km) | 0:31:14.13 | +0:11:53.19 |
| 20 | [240]          | PACZKOWSKI Maciej   |                                      |           | 0:31:27.14 (05:43min/km) | 0:31:33.88 | +0:12:12.94 |
| 21 | [248]          | ANDREARCZYK Patryk  |                                      |           | 0:31:43.21 (05:46min/km) | 0:32:07.39 | +0:12:46.45 |
| 22 | [244]          | NALEWSKI Łukasz     |                                      |           | 0:31:53.64 (05:47min/km) | 0:32:18.26 | +0:12:57.32 |
| 23 | [199]          | WAWRZEŁA Łukasz     |                                      | Gdynia    | 0:31:58.18 (05:48min/km) | 0:32:11.64 | +0:12:50.70 |
| 24 | [37]           | GŁADKOWSKI Grzegorz | BigywlloFoot Adventure Team          | Reda      | 0:32:09.95 (05:50min/km) | 0:32:25.95 | +0:13:05.01 |

|    |       |                      |                        |             |                          |            |             |
|----|-------|----------------------|------------------------|-------------|--------------------------|------------|-------------|
| 25 | [154] | ROSZAK Piotr         |                        | Gdansk      | 0:33:05.23 (06:00min/km) | 0:33:09.89 | +0:13:48.95 |
| 26 | [249] | BORAWSKI Marcin      |                        |             | 0:33:06.97 (06:01min/km) | 0:33:43.97 | +0:14:23.03 |
| 27 | [42]  | GORCZYCA Jarosław    | GWS                    | Gdańsk      | 0:33:09.97 (06:01min/km) | 0:33:40.64 | +0:14:19.70 |
| 28 | [237] | KLAWIKOWSKI Jacek    |                        |             | 0:33:17.62 (06:03min/km) | 0:33:36.33 | +0:14:15.39 |
| 29 | [185] | SZYMAŃSKI Piotr      |                        | Poznań      | 0:33:17.72 (06:03min/km) | 0:33:41.47 | +0:14:20.53 |
| 30 | [92]  | KWIATKOWSKI Marcin   |                        | Gdynia      | 0:33:29.70 (06:05min/km) | 0:33:46.12 | +0:14:25.18 |
| 31 | [208] | WITTBRODT Marcin     | Fighting Bikers Gdynia | Gdynia      | 0:33:46.08 (06:08min/km) | 0:34:23.00 | +0:15:02.06 |
| 32 | [116] | OKRÓJ Piotr          | Zwiadowcy Północy      | Łapalice    | 0:33:48.82 (06:08min/km) | 0:34:13.53 | +0:14:52.59 |
| 33 | [176] | SURGOFT Piotr        | Mega Coffee Team       | Reda        | 0:34:13.62 (06:13min/km) | 0:34:42.27 | +0:15:21.33 |
| 34 | [231] | POGORZELSKI Paweł    |                        |             | 0:34:41.06 (06:18min/km) | 0:34:56.46 | +0:15:35.52 |
| 35 | [175] | STRUGAŁA Jakub       |                        | Poznań      | 0:34:53.27 (06:20min/km) | 0:35:19.34 | +0:15:58.40 |
| 36 | [203] | WENTA Paweł          | Dolce Catana           | Gdynia      | 0:35:01.49 (06:22min/km) | 0:35:20.28 | +0:15:59.34 |
| 37 | [14]  | BIAŁOOKI Bartosz     |                        | Gdańsk      | 0:35:19.64 (06:25min/km) | 0:36:19.54 | +0:16:58.60 |
| 38 | [60]  | KELER Grzegorz       |                        | Gdynia      | 0:35:23.59 (06:26min/km) | 0:35:30.43 | +0:16:09.49 |
| 39 | [192] | URBANOWICZ Krzysztof | Mega Coffee Team       | Gdynia      | 0:35:55.28 (06:31min/km) | 0:36:24.03 | +0:17:03.09 |
| 40 | [155] | RÓŻAŃSKI Adam        | Zwiadowcy Północy      | Reda        | 0:36:15.32 (06:35min/km) | 0:36:39.92 | +0:17:18.98 |
| 41 | [241] | BARAMBAS Damian      |                        |             | 0:36:38.67 (06:39min/km) | 0:37:05.76 | +0:17:44.82 |
| 42 | [228] | DAWIDOWSKI Łukasz    |                        |             | 0:36:42.87 (06:40min/km) | 0:36:55.83 | +0:17:34.89 |
| 43 | [63]  | KLAWIKOWSKI Jacek    |                        | Rumia       | 0:37:52.94 (06:53min/km) | 0:38:22.80 | +0:19:01.86 |
| 44 | [250] | ŚLĘZAK Adam          |                        |             | 0:38:49.75 (07:03min/km) | 0:38:49.88 | +0:19:28.94 |
| 45 | [69]  | KOTRYCH Jarosław     |                        | Ciechocinek | 0:40:41.69 (07:23min/km) | 0:41:14.85 | +0:21:53.91 |

## 5 - M35

| # | Nazwisko, imię | Klub                 | Miasto                     | Netto                    | Czas                     | Strata      |             |
|---|----------------|----------------------|----------------------------|--------------------------|--------------------------|-------------|-------------|
| 1 | [230]          | GÓRALSKI Marcin      |                            | 0:22:18.56 (04:03min/km) | 0:22:20.07               | +0:00:00.00 |             |
| 2 | [75]           | KREFT Łukasz         | Team kreft                 | Reda                     | 0:22:25.85 (04:04min/km) | 0:22:26.33  | +0:00:06.26 |
| 3 | [24]           | BURY Paweł           | Biegamyrazem.pl            | Gdynia                   | 0:24:01.90 (04:22min/km) | 0:24:03.87  | +0:01:43.80 |
| 4 | [187]          | TRACZ Olgierd        | Dolina Noteci Racing Team  | Gdańsk                   | 0:24:03.85 (04:22min/km) | 0:24:04.60  | +0:01:44.53 |
| 5 | [19]           | BŁAŻUK Jarosław      |                            | Gdynia                   | 0:24:20.28 (04:25min/km) | 0:24:24.12  | +0:02:04.05 |
| 6 | [57]           | KALINOWSKI Krzysztof | Biegamyrazem.pl            | Gdynia                   | 0:24:21.49 (04:25min/km) | 0:24:25.47  | +0:02:05.40 |
| 7 | [22]           | BUCZKOWSKI Damian    | Biegamy Razem Władysławowo | Władysławowo             | 0:24:44.00 (04:29min/km) | 0:24:45.65  | +0:02:25.58 |
| 8 | [25]           | CHMIELOWSKI Michał   | Górskie Pędziwiatry        | Juszkowo                 | 0:24:51.35 (04:31min/km) | 0:24:55.32  | +0:02:35.25 |
| 9 | [216]          | ZIELIŃSKI Marcin     | Aplitt                     | Gdynia                   | 0:25:10.67 (04:34min/km) | 0:25:13.06  | +0:02:52.99 |

|    |       |                      |                              |            |                          |            |             |
|----|-------|----------------------|------------------------------|------------|--------------------------|------------|-------------|
| 10 | [106] | MOKŁOWICZ Piotr      |                              | Wejherowo  | 0:25:55.08 (04:42min/km) | 0:25:58.22 | +0:03:38.15 |
| 11 | [147] | RENACHOWSKI Mirosław | Biegamyrazem.pl              | Reda       | 0:26:01.91 (04:43min/km) | 0:26:05.36 | +0:03:45.29 |
| 12 | [224] | GERGELEWICZ Robert   |                              |            | 0:26:33.98 (04:49min/km) | 0:26:41.96 | +0:04:21.89 |
| 13 | [20]  | BOHUCKI Piotr        |                              | Reda       | 0:26:51.26 (04:52min/km) | 0:26:54.19 | +0:04:34.12 |
| 14 | [44]  | GÓRSKI Dariusz       | Danfoss                      | Gdynia     | 0:27:44.68 (05:02min/km) | 0:28:05.27 | +0:05:45.20 |
| 15 | [115] | OKRÓJ Arkadiusz      | Team Kreft                   | Reda       | 0:28:13.00 (05:07min/km) | 0:28:18.75 | +0:05:58.68 |
| 16 | [16]  | BISHA Mieczysław     |                              | Rumia      | 0:28:47.67 (05:14min/km) | 0:28:52.85 | +0:06:32.78 |
| 17 | [110] | NAWROCKI Wojciech    |                              | Gdańsk     | 0:29:00.56 (05:16min/km) | 0:29:08.93 | +0:06:48.86 |
| 18 | [74]  | KREFT Bogumił        | Team kreft                   | Rumia      | 0:29:18.75 (05:19min/km) | 0:29:23.80 | +0:07:03.73 |
| 19 | [242] | MUSIOK Mariusz       |                              |            | 0:29:20.22 (05:20min/km) | 0:29:41.06 | +0:07:20.99 |
| 20 | [223] | JASIŃSKI Piotr       |                              |            | 0:29:27.86 (05:21min/km) | 0:29:59.12 | +0:07:39.05 |
| 21 | [32]  | DRANKIEWICZ Robert   |                              | Gdynia     | 0:29:29.17 (05:21min/km) | 0:29:39.03 | +0:07:18.96 |
| 22 | [229] | WERWIK Michał        |                              |            | 0:29:36.36 (05:22min/km) | 0:29:53.05 | +0:07:32.98 |
| 23 | [49]  | IEFYMENKO Oleksandr  | Hedgehog Trail               | Sopot      | 0:29:51.87 (05:25min/km) | 0:30:23.53 | +0:08:03.46 |
| 24 | [251] | SZYMAŃSKI Grzegorz   |                              |            | 0:29:54.14 (05:26min/km) | 0:29:57.89 | +0:07:37.82 |
| 25 | [94]  | LEGIEĆ Paweł         |                              | Gdańsk     | 0:30:01.33 (05:27min/km) | 0:30:21.30 | +0:08:01.23 |
| 26 | [135] | POSTUPALSKI Michał   | IHS Markit Team              | Gdynia     | 0:30:03.45 (05:27min/km) | 0:30:22.94 | +0:08:02.87 |
| 27 | [172] | STANKIEWICZ Adam     |                              | Gdynia     | 0:30:29.05 (05:32min/km) | 0:30:54.56 | +0:08:34.49 |
| 28 | [236] | NADOLSKI Waldemar    |                              |            | 0:30:31.61 (05:33min/km) | 0:30:46.70 | +0:08:26.63 |
| 29 | [118] | OLIWNIAK Marcin      |                              | Gdansk     | 0:30:45.77 (05:35min/km) | 0:31:18.25 | +0:08:58.18 |
| 30 | [243] | FALBA Karol          |                              |            | 0:30:53.39 (05:36min/km) | 0:31:06.55 | +0:08:46.48 |
| 31 | [247] | PACEK Marcin         |                              |            | 0:31:12.62 (05:40min/km) | 0:31:42.14 | +0:09:22.07 |
| 32 | [133] | PODGÓRSKI Artur      | Runeda                       | Reda       | 0:31:17.58 (05:41min/km) | 0:31:36.80 | +0:09:16.73 |
| 33 | [146] | REKIEĆ Maciej        | BigYellowFoot Adventure Team | Suchy Dwór | 0:31:35.68 (05:44min/km) | 0:31:59.38 | +0:09:39.31 |
| 34 | [148] | RESKO Sergiusz       |                              | Reda       | 0:31:36.64 (05:44min/km) | 0:31:49.27 | +0:09:29.20 |
| 35 | [96]  | ŁĄTKOWSKI Jerzy      | JW 4498                      | Gdynnia    | 0:31:49.46 (05:47min/km) | 0:32:01.94 | +0:09:41.87 |
| 36 | [167] | SMYK Sławomir        | BigYellowFoot Adventure Team | Gdynia     | 0:31:49.84 (05:47min/km) | 0:32:05.17 | +0:09:45.10 |
| 37 | [84]  | KUCHARSKI Bartosz    |                              | Gdynia     | 0:31:58.32 (05:48min/km) | 0:32:17.98 | +0:09:57.91 |
| 38 | [122] | OSSOWSKI Janusz      |                              | Gdańsk     | 0:32:24.80 (05:53min/km) | 0:32:41.25 | +0:10:21.18 |
| 39 | [198] | WASILEWSKI Michał    |                              | Gdańsk     | 0:32:36.97 (05:55min/km) | 0:32:40.81 | +0:10:20.74 |
| 40 | [73]  | KOZA Krzysztof       |                              | Gdańsk     | 0:33:19.44 (06:03min/km) | 0:33:46.32 | +0:11:26.25 |
| 41 | [108] | MURAWSKI Marek       |                              | Rumia      | 0:33:39.62 (06:07min/km) | 0:33:43.43 | +0:11:23.36 |
| 42 | [156] | RÓŻYC Jarosław       |                              | Kosakowo   | 0:34:13.73 (06:13min/km) | 0:34:34.32 | +0:12:14.25 |
| 43 | [21]  | BOJAN Andrzej        |                              | Gdynia     | 0:34:17.70 (06:14min/km) | 0:34:36.86 | +0:12:16.79 |

|    |       |                       |                             |            |                          |            |             |
|----|-------|-----------------------|-----------------------------|------------|--------------------------|------------|-------------|
| 44 | [23]  | BUJAK Janusz          |                             | Gdynia     | 0:34:23.55 (06:15min/km) | 0:34:37.19 | +0:12:17.12 |
| 45 | [127] | PAPIS Sławomir        |                             | Koleczkowo | 0:34:46.63 (06:19min/km) | 0:35:08.69 | +0:12:48.62 |
| 46 | [173] | STASIK Piotr          | ambitious runners team      | Gdynia     | 0:34:53.32 (06:20min/km) | 0:35:25.65 | +0:13:05.58 |
| 47 | [217] | ZIEMANN Sławomir      |                             | Gdynia     | 0:34:58.44 (06:21min/km) | 0:35:31.05 | +0:13:10.98 |
| 48 | [169] | SOLARCZYK Paweł       |                             | Gdynia     | 0:35:16.06 (06:24min/km) | 0:35:49.12 | +0:13:29.05 |
| 49 | [177] | SZELAĞ Zbigniew       |                             | Gdynia     | 0:35:18.60 (06:25min/km) | 0:35:28.24 | +0:13:08.17 |
| 50 | [111] | NIEKURZAK Krzysztof   | OKAS Gdynia                 | Gdynia     | 0:35:22.58 (06:25min/km) | 0:35:35.92 | +0:13:15.85 |
| 51 | [180] | SZKUDZIŃSKI Krzysztof | Kosakowo Team               | Kosakowo   | 0:35:25.38 (06:26min/km) | 0:35:43.01 | +0:13:22.94 |
| 52 | [123] | OSTAPCZUK Kamil       | Irek i rak. Maraton o życie | Gdynia     | 0:35:40.48 (06:29min/km) | 0:36:14.43 | +0:13:54.36 |
| 53 | [235] | SMOLAK Adam           |                             |            | 0:35:45.92 (06:30min/km) | 0:36:13.36 | +0:13:53.29 |
| 54 | [66]  | KOLASIŃSKI Artur      |                             | Gdynia     | 0:36:32.12 (06:38min/km) | 0:36:38.51 | +0:14:18.44 |
| 55 | [34]  | FILIP Krzysztof       | noClub                      | Dębogórze  | 0:37:05.52 (06:44min/km) | 0:37:22.61 | +0:15:02.54 |
| 56 | [238] | KOZACZUK Krzysztof    |                             |            | 0:37:07.51 (06:45min/km) | 0:37:19.91 | +0:14:59.84 |
| 57 | [207] | WIŚNIEWSKI Gerard     | OKAS Gdynia                 | Gdynia     | 0:38:02.66 (06:55min/km) | 0:38:16.83 | +0:15:56.76 |
| 58 | [59]  | KASZUBOWSKI Piotr     |                             | Gdynia     | 0:39:41.30 (07:12min/km) | 0:40:15.98 | +0:17:55.91 |
| 59 | [41]  | GOMUŁKA Paweł         | Aktywny Kolektyw            | Reda       | 0:39:53.60 (07:15min/km) | 0:39:59.98 | +0:17:39.91 |
| 60 | [54]  | JANIAK Marcin         | Marcin Janiak               | Gdańsk     | 0:41:14.79 (07:29min/km) | 0:41:44.96 | +0:19:24.89 |

## 5 - M50

| #  | Nazwisko, imię           | Klub             | Miasto | Netto                    | Czas       | Strata      |
|----|--------------------------|------------------|--------|--------------------------|------------|-------------|
| 1  | [174] STRAMEL Piotr      |                  | Slupsk | 0:25:53.97 (04:42min/km) | 0:26:02.04 | +0:00:00.00 |
| 2  | [139] PROKOPIUK Jarosław | PROCAR           | Gdynia | 0:27:10.64 (04:56min/km) | 0:27:16.51 | +0:01:14.47 |
| 3  | [112] NOWAK Mirosław     |                  | Reda   | 0:28:29.98 (05:10min/km) | 0:28:41.41 | +0:02:39.37 |
| 4  | [10] BECZEK Dariusz      |                  | Rumia  | 0:29:58.88 (05:27min/km) | 0:30:22.29 | +0:04:20.25 |
| 5  | [114] OKONEK Tomasz      |                  | Rumia  | 0:32:23.74 (05:53min/km) | 0:32:43.18 | +0:06:41.14 |
| 6  | [4] ANSZPERGER Bogdan    |                  | Gdynia | 0:33:18.31 (06:03min/km) | 0:33:31.53 | +0:07:29.49 |
| 7  | [58] KASZUBA Sławomir    | Morsy Gdynińskie | Gdynia | 0:34:31.61 (06:16min/km) | 0:34:58.82 | +0:08:56.78 |
| 8  | [129] PAWEŁKO Andrzej    |                  | Gdynia | 0:35:52.07 (06:31min/km) | 0:36:05.57 | +0:10:03.53 |
| 9  | [62] KIEREPKA Mariusz    |                  | Rumia  | 0:37:20.81 (06:47min/km) | 0:37:43.16 | +0:11:41.12 |
| 10 | [120] OSOWSKI Maciej     | Vege Runners     | Gdynia | 0:37:39.35 (06:50min/km) | 0:38:15.15 | +0:12:13.11 |
| 11 | [126] PADIAS Paweł       | MKSL             | Gdynia | 0:39:10.56 (07:07min/km) | 0:39:27.03 | +0:13:24.99 |
| 12 | [233] JACHOWICZ Dariusz  |                  |        | 0:39:16.14 (07:08min/km) | 0:39:32.46 | +0:13:30.42 |
| 13 | [245] SOBCZAK Sławomir   |                  |        | 0:39:53.57 (07:15min/km) | 0:40:13.09 | +0:14:11.05 |

|    |                         |                  |        |                          |            |             |
|----|-------------------------|------------------|--------|--------------------------|------------|-------------|
| 14 | [158] S Tadeusz         | Kacpery          | Gdańsk | 0:40:22.95 (07:20min/km) | 0:40:57.61 | +0:14:55.57 |
| 15 | [193] URBANOWICZ Błażej | Mega Coffee Team | Gdynia | 0:40:42.46 (07:24min/km) | 0:41:11.24 | +0:15:09.20 |

## 5 - M65

| # | Nazwisko, imię            | Klub                | Miasto   | Netto                    | Czas       | Strata      |
|---|---------------------------|---------------------|----------|--------------------------|------------|-------------|
| 1 | [82] KRZYSZKOWSKI Andrzej | niestowarzyszony    | Gdynia   | 0:25:37.05 (04:39min/km) | 0:25:37.89 | +0:00:00.00 |
| 2 | [160] SANDACH Stefan      | ZIELONA LAGUNA TEAM | Gdynia   | 0:33:19.46 (06:03min/km) | 0:33:31.49 | +0:07:53.60 |
| 3 | [186] TARASIEWICZ Ryszard |                     | Braniewo | 0:34:00.56 (06:11min/km) | 0:34:16.15 | +0:08:38.26 |
| 4 | [182] SZPYRA Edward       | Parkrun Gdynia      | Gdynia   | 0:37:04.84 (06:44min/km) | 0:37:16.68 | +0:11:38.79 |

### TIMEGO HS SYSTEM V1.2

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