

#	Kat./Cat.	Nazwisko, imię	Płeć	Klub	Miasto	Netto	Czas	Strata
1 - M /1	M20/1	[532] MISZEWSKI, Marcin	M	Run4Twins	Gdynia	0:43:01.80 (03:54min/km)	0:43:02.13	+0:00:00.00
2 - M /2	M35/1	[567] TOMECZKOWSKI, Paweł	M	AD Team	Rumia	0:44:17.83 (04:01min/km)	0:44:18.50	+0:01:16.37
3 - M /3	M35/2	[556] RUDNICKI, Dariusz	M	KS Dziadersy Projekt1000up	Pogórze	0:46:36.24 (04:14min/km)	0:46:37.16	+0:03:35.03
4 - M /4	M50/1	[513] GRAŻAWSKI, Piotr	M	GRA BIEGIEM ROWEREM	Gdynia	0:50:31.30 (04:35min/km)	0:50:32.36	+0:07:30.23
5 - K /1	K35/1	[570] TUWALSKA, Małgorzata	K	LKS Zantyr Sztum	Gdańsk	0:51:07.32 (04:38min/km)	0:51:08.45	+0:08:06.32
6 - M /5	M35/3	[577] WYGANOWSKI, Konrad	M		Rumia	0:51:13.05 (04:39min/km)	0:51:15.13	+0:08:13.00
7 - M /6	M20/2	[540] ONYSZKO, Wojciech	M		Gdynia	0:51:52.12 (04:42min/km)	0:51:55.69	+0:08:53.56
8 - M /7	M20/3	[527] KUŚKA, Adam	M	Invictus 3City YnoTrener	Gdańsk	0:52:18.47 (04:45min/km)	0:52:18.92	+0:09:16.79
9 - M /8	M35/4	[589] ŁYŚ, Daniel	M	NYPEL REDA	REDA	0:52:43.45 (04:47min/km)	0:52:43.91	+0:09:41.78
10 - M /9	M35/5	[571] WAŁDOWSKI, Dominik	M	xRunners	Gdańsk	0:53:11.67 (04:50min/km)	0:53:13.59	+0:10:11.46
11 - M /10	M35/6	[506] DOBRZYŃSKI, Tomasz	M	xRunners	Gdynia	0:53:29.74 (04:51min/km)	0:53:31.18	+0:10:29.05
12 - M /11	M20/4	[587] KRAKOWSKI, Jan	M	Invictus 3City	GDYNIA	0:54:03.86 (04:54min/km)	0:54:05.02	+0:11:02.89
13 - M /12	M35/7	[504] BRUCKI, Robert	M	Chyłońskie Dziki	Gdynia	0:54:18.49 (04:56min/km)	0:54:22.37	+0:11:20.24
14 - M /13	M35/8	[578] ZABŁOTNY, Piotr	M	Borawski team	Puck	0:54:34.86 (04:57min/km)	0:54:46.74	+0:11:44.61
15 - M /14	M35/9	[596] ZIEMIANIN, Przemysław	M		HEL	0:55:02.42 (05:00min/km)	0:55:05.05	+0:12:02.92
16 - M /15	M50/2	[555] ROŻYK, Krzysztof	M	OKNOBUR-biegamyrazem.pl	Gdynia	0:55:06.26 (05:00min/km)	0:55:09.06	+0:12:06.93
17 - M /16	M35/10	[550] PRZYBORSKI, Michał	M		Gdynia	0:55:23.40 (05:02min/km)	0:55:25.36	+0:12:23.23
18 - M /17	M35/11	[517] JANUS, Jakub	M	Coolawe Strusie	Tokary	0:55:51.46 (05:04min/km)	0:55:53.77	+0:12:51.64
19 - M /18	M35/12	[549] PRĄTNICKI, Mariusz	M	Kujawscy Runners	Gdynia	0:56:09.54 (05:06min/km)	0:56:11.18	+0:13:09.05
20 - M /19	M20/5	[546] PIOTROWSKI, Jacek	M		Gdynia	0:56:27.27 (05:07min/km)	0:56:30.65	+0:13:28.52
21 - M /20	M20/6	[523] KONKEL, Piotr	M	SailorsTeam	Gdynia	0:56:47.89 (05:09min/km)	0:56:52.12	+0:13:49.99
22 - M /21	M20/7	[566] ŚWIĄTEK BRZEZIŃSKI, Łukasz	M		Gdynia	0:56:57.64 (05:10min/km)	0:57:00.78	+0:13:58.65
23 - K /2	K35/2	[594] BUTOWSKA, Katarzyna	K		STAROGARD GDAŃSKI	0:57:22.97 (05:13min/km)	0:57:26.17	+0:14:24.04
24 - M /22	M35/13	[519] KALINOWSKI, Krzysztof	M	Chyłońskie Dziki	Gdynia	0:57:29.47 (05:13min/km)	0:57:31.24	+0:14:29.11
25 - M /23	M35/14	[531] MAŁKA, Marcin	M		Gdynia	0:57:35.16 (05:14min/km)	0:57:40.03	+0:14:37.90
26 - M /24	M35/15	[501] ARENDT, Michał	M		Gdynia	0:57:48.78 (05:15min/km)	0:57:50.27	+0:14:48.14
27 - K /3	K20/1	[535] NACZYK, Marta	K	Dietetyk Forma Na Szczyt Dynafit	Gdynia	0:58:10.24 (05:17min/km)	0:58:12.68	+0:15:10.55
28 - M /25	M35/16	[593] PODOLSKI, Marek	M	BIEGAMYRAZEM.PL	GDYNIA	0:58:54.41 (05:21min/km)	0:58:57.97	+0:15:55.84

29 - M /26	M35/17	[525]	KRUK, Maciej	M		Rumia	0:58:59.37 (05:21min/km)	0:59:06.97	+0:16:04.84
30 - M /27	M35/18	[590]	CZAPRAN, Marek	M	XRUNNERS	GDAŃSK	0:59:02.19 (05:22min/km)	0:59:04.08	+0:16:01.95
31 - M /28	M50/3	[521]	KAWUCHA, Mirosław	M	KRS FORMOZA	Gdunia	0:59:03.07 (05:22min/km)	0:59:04.27	+0:16:02.14
32 - M /29	M35/19	[554]	ROCZYŃSKI, Michał	M	GRUPA BIEGOWA NDI	Gdańsk	0:59:22.17 (05:23min/km)	0:59:29.35	+0:16:27.22
33 - M /30	M35/20	[520]	KARPOWICZ, Bartosz	M	Leśne Dukty Gdynia	Gdynia	0:59:45.95 (05:26min/km)	0:59:51.24	+0:16:49.11
34 - M /31	M20/8	[569]	TRUSZCZYŃSKI, Szymon	M		Brodnica	1:00:22.62 (05:29min/km)	1:00:34.42	+0:17:32.29
35 - M /32	M20/9	[551]	RAJKOWSKI , Damian	M	Nava Running Team	Pogórze	1:00:36.83 (05:30min/km)	1:00:40.82	+0:17:38.69
36 - M /33	M50/4	[575]	WIWATOWSKI, Wiesław	M		Gdynia	1:00:37.02 (05:30min/km)	1:00:40.16	+0:17:38.03
37 - K /4	K20/2	[522]	KAZYKA, Katarzyna	K	biegamyrazem.pl	Gdynia	1:01:14.50 (05:34min/km)	1:01:17.66	+0:18:15.53
38 - M /34	M50/5	[502]	BABEROWSKI, Marek	M		Gdańsk	1:02:33.00 (05:41min/km)	1:02:35.37	+0:19:33.24
39 - M /35	M35/21	[595]	LACH, Rafał	M	ASZ GDAŃSK	GDYNIA	1:02:53.36 (05:43min/km)	1:03:00.65	+0:19:58.52
40 - M /36	M35/22	[548]	PNIEWSKI, Maciej	M		Gdynia	1:02:53.55 (05:43min/km)	1:03:01.18	+0:19:59.05
41 - M /37	M35/23	[598]	ROGOCZ, Maciej	M	ROGASE Z DOLINY ROZTOKI	GDYNIA	1:03:00.89 (05:43min/km)	1:03:08.02	+0:20:05.89
42 - M /38	M20/10	[563]	SZUBIŃSKI, Mieszko	M		Gdynia	1:04:27.21 (05:51min/km)	1:04:32.76	+0:21:30.63
43 - M /39	M35/24	[538]	NOWAK, Sebastian	M		Gdynia	1:04:55.38 (05:54min/km)	1:04:58.92	+0:21:56.79
44 - M /40	M35/25	[560]	STÓJ , Piotr	M		Gdynia	1:06:00.24 (06:00min/km)	1:06:11.16	+0:23:09.03
45 - K /5	K35/3	[574]	WENTA, Ewelina	K	Coolawe Strusie	Gdynia	1:06:00.65 (06:00min/km)	1:06:04.99	+0:23:02.86
46 - M /41	M35/26	[568]	TRUNOWICZ, Jarosław	M		Gdynia	1:06:01.41 (06:00min/km)	1:06:12.67	+0:23:10.54
47 - M /42	M35/27	[508]	FESZLER, Adam	M	OPAS MAX	Gdynia	1:06:08.55 (06:00min/km)	1:06:13.26	+0:23:11.13
48 - M /43	M50/6	[592]	MULARCZYK, Jacek	M	RUNPASSION.PL	BORKOWO	1:06:18.64 (06:01min/km)	1:06:23.04	+0:23:20.91
49 - M /44	M50/7	[503]	BODNAR, Mirosław	M		Trzebielino	1:06:28.91 (06:02min/km)	1:06:34.15	+0:23:32.02
50 - K /6	K20/3	[586]	PODGÓRSKA, Alicja	K		KOSAKOWO	1:06:31.62 (06:02min/km)	1:06:38.05	+0:23:35.92
51 - M /45	M35/28	[559]	SOSZYŃSKI , Mirosław	M		Gdynia	1:06:51.59 (06:04min/km)	1:06:58.69	+0:23:56.56
52 - M /46	M35/29	[534]	MUCOWSKI, Jaromir	M		Borowiec	1:06:58.02 (06:05min/km)	1:07:04.64	+0:24:02.51
53 - M /47	M35/30	[543]	PAŃCZUK, Robert	M	Dom Brokerski Negocjator	Elbląg	1:07:13.63 (06:06min/km)	1:07:20.03	+0:24:17.90
54 - K /7	K35/4	[588]	LASZCZYK, Nadia	K		REDA	1:07:26.68 (06:07min/km)	1:07:32.49	+0:24:30.36
55 - M /48	M35/31	[591]	NADOLSKI, Krzysztof	M	XRUNNERS	GDAŃSK	1:07:34.69 (06:08min/km)	1:07:37.61	+0:24:35.48
56 - K /8	K20/4	[533]	MORAWSKA, Anna	K		Sopot	1:07:56.17 (06:10min/km)	1:07:59.67	+0:24:57.54
57 - M /49	M35/32	[599]	BECZAK, Marcin	M		GDYNIA	1:08:12.44 (06:12min/km)	1:08:16.40	+0:25:14.27
58 - M /50	M35/33	[514]	GRZECHULSKI, Piotr	M	Morska Jednostka Rakietowa	Nowy Dwór Wejherowski	1:08:32.50 (06:13min/km)	1:08:37.87	+0:25:35.74
59 - M /51	M20/11	[580]	ŻYŁA, Patryk	M		Gdańsk	1:09:11.31 (06:17min/km)	1:09:16.12	+0:26:13.99
60 - K /9	K20/5	[565]	SZWARC, Katarzyna	K		Gdańsk	1:09:14.72 (06:17min/km)	1:09:17.07	+0:26:14.94
61 - K /10	K35/5	[582]	WIADERNA, Nina	K		WARSZAWA	1:09:46.88 (06:20min/km)	1:09:52.80	+0:26:50.67
62 - M /52	M35/34	[507]	DREWNOWSKI, Adam	M	Refinitiv	Gdynia	1:09:55.41 (06:21min/km)	1:10:06.19	+0:27:04.06
63 - M /53	M50/8	[584]	GRZESZCZAK, Adam	M		GDYNIA	1:09:58.90 (06:21min/km)	1:10:05.65	+0:27:03.52
64 - M /54	M35/35	[505]	BUDZISZ, Rafał	M	Chałupy welcome to	Chałupy	1:10:14.58 (06:23min/km)	1:10:24.46	+0:27:22.33

65 - M /55	M35/36	[581]	LESZKOWICZ, Jarosław	M		GDYNIA	1:10:58.20 (06:27min/km)	1:11:07.66	+0:28:05.53
66 - M /56	M50/9	[585]	WITANOWSKI, Adam	M		GDYNIA	1:11:15.56 (06:28min/km)	1:11:22.19	+0:28:20.06
67 - M /57	M35/37	[561]	STUDZINSKI, Darek	M		Rumia	1:11:22.14 (06:29min/km)	1:11:31.54	+0:28:29.41
68 - K /11	K35/6	[518]	JOKIEL, Joanna	K		Gdańsk	1:11:40.89 (06:30min/km)	1:11:49.81	+0:28:47.68
69 - M /58	M50/10	[597]	DRAŻBA, Marek	M		GDYNIA	1:11:44.39 (06:31min/km)	1:11:47.90	+0:28:45.77
70 - K /12	K35/7	[557]	RZEZAK, Aleksandra	K		Reda	1:11:56.62 (06:32min/km)	1:12:05.31	+0:29:03.18
71 - M /59	M35/38	[516]	HUBERT, Jakub	M	onewaytravel.pl	Pogórze	1:12:17.80 (06:34min/km)	1:12:44.59	+0:29:42.46
72 - K /13	K35/8	[512]	GÓRSKA, Ilona	K			1:12:46.25 (06:36min/km)	1:12:46.25	+0:29:44.12
73 - K /14	K50/1	[511]	GŁUSZEK, Bożena	K		Gdynia	1:13:10.08 (06:39min/km)	1:13:14.99	+0:30:12.86
74 - M /60	M20/12	[526]	KUBUSZEWSKI, Radosław	M	Komando Flaki		1:14:00.86 (06:43min/km)	1:14:14.52	+0:31:12.39
75 - M /61	M35/39	[539]	OKRÓJ, Grzegorz	M		Gdynia	1:14:30.91 (06:46min/km)	1:14:40.87	+0:31:38.74
76 - K /15	K35/9	[524]	KONKEL, Lucyna	K		Gdynia	1:15:10.73 (06:50min/km)	1:15:16.24	+0:32:14.11
77 - K /16	K35/10	[576]	WOLAŃSKA, Jolanta	K		Rumia	1:15:36.23 (06:52min/km)	1:15:44.50	+0:32:42.37
78 - M /62	M50/11	[562]	SUROWIEC, Tomek	M	Coolawe Strusie	Gdynia	1:15:39.05 (06:52min/km)	1:15:44.30	+0:32:42.17
79 - M /63	M35/40	[573]	WENTA, Paweł	M	Coolawe Strusie	Gdynia	1:16:43.97 (06:58min/km)	1:16:51.50	+0:33:49.37
80 - K /17	K20/6	[552]	RAULIN, Izabella	K	Intel Runners	Gdańsk	1:16:48.40 (06:58min/km)	1:17:00.38	+0:33:58.25
81 - M /64	M65/1	[530]	MALEK, Andrzej	M	atlas	Kościerzyna	1:18:07.53 (07:06min/km)	1:18:16.40	+0:35:14.27
82 - K /18	K35/11	[558]	SMÓŁKOWSKA, Iwona	K	Rumia Runner Team	Rumia	1:18:16.77 (07:06min/km)	1:18:24.04	+0:35:21.91
83 - K /19	K35/12	[542]	PANKOW, Agnieszka	K		Gdynia	1:18:30.83 (07:08min/km)	1:18:41.20	+0:35:39.07
84 - M /65	M35/41	[544]	PAWŁOWSKI, Mirek	M	Toczki z Zatoczki	Gdańsk	1:19:31.04 (07:13min/km)	1:19:42.11	+0:36:39.98
85 - M /66	M35/42	[509]	FIŁONOWICZ, Piotr	M	Klub Biegowy Straży Miejskiej w Gdańsku	Gdańsk	1:22:58.61 (07:32min/km)	1:23:10.42	+0:40:08.29
86 - K /20	K35/13	[583]	BALY, Sandrine	K		TERRITEN	1:23:21.48 (07:34min/km)	1:23:27.32	+0:40:25.19
87 - K /21	K50/2	[600]	ŚWITOŃSKA, Aleksandra	K		GDYNIA	1:24:01.62 (07:38min/km)	1:24:11.83	+0:41:09.70